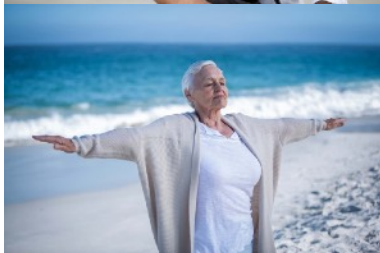




QUESTIONS PEOPLE ASK





What is GATEWAY?

GATEWAY is a highly focused workshop in which you, the participant, have an opportunity to discover the underlying assumptions that form your belief system and determine your range of behaviours. (Who you think you are, how life really is, how the people in your life are and what the circumstances really look like to you). From there, you can notice whether that system, all or in part, supports forward movement in your life.

In the workshop, you experience a profound difference in your ability to relate to yourself and others. And then, out of that difference, you are empowered to fully engage in your heartfelt commitments with freedom and passion.

In GATEWAY, people come to grips with what it means to be authentically human — not as a mere intellectual exercise, but as a rigorous philosophical enquiry. The Programme offers a unique technology through which people create new possibilities for their lives.

How does GATEWAY work?

GATEWAY, ITSELF, does not do anything 'for you.' It is a specialised workshop that allows YOU to work efficiently in an environment that is safe and full of people who are committed to you having what you want in your life.

What happens in GATEWAY?

GATEWAY is an exceptional learning process, a laboratory for self-discovery, in which your entire being is engaged in the work of discovery, creation, and re-creation. The Trainer presents the dynamics of the workshop in a way that is clear, powerful, and alive. The interactive structure of the classroom includes a series of life altering presentations, breakthrough processes, creative interactions, and personalised coaching which focus on questions at the heart of our humanity, issues that are key to successful living.

What results are produced in GATEWAY?

GATEWAY Training room is an environment in which you are, able to recognise opportunities, to choose different ways of thinking and acting that will empower you to live the life you want to live. In the workshop, you are presented with tools to assist you in that process of moving forward in your life.

In the workshop you will gain a new freedom to set aside assumptions and beliefs about yourself and the world around you that limit what is possible. Then you will be able to generate a life that is consistent with your heartfelt values, commitments and intentions.

Participants in GATEWAY generate a wide range of benefits in all areas of their lives.

The following are particularly noteworthy;

RELATIONSHIP

In GATEWAY you will open yourself to a trust and vulnerability that allows for genuine intimacy in all areas of life. You will embrace a new appreciation and love of yourself and others, and will be able to share that experience in a way that nurtures and contributes to the people closest to you, to your community, and to your world.

ACCOMPLISHMENT

GATEWAY gives you opportunities to free yourself from the limits of 'what everyone knows' can be done, and brings a new focus and momentum to the commitments you hold. As a result, your vision can expand dramatically. You will be able to find opportunities and solutions that were previously unseen and you will be able to act effectively to bring the possibilities of the future into the realities of today.

RESPONSIBILITY

In GATEWAY, you rediscover yourself as author, the generator of your life, rather than an observer or passenger "along for the ride." You will strengthen your ability to declare your commitments and express them in action that forwards and delivers what you intend.

You will discover an authentic integrity, honesty and trust to become an integral part of your life and be able to choose it.

CONTRIBUTION

Each of us longs to participate with others in a life that contributes powerfully to the people around us, one that leaves a lasting imprint of our vision, creativity, and our wonder as human beings.

As your relationship with others is deepened; as your ability to accomplish is increased; as the level of scope of your responsibility expands, you will discover the unique gifts that you ARE, and may find yourself naturally eager and able to make a difference in your environment - with your family, your job and career, and your community, and, indirectly, the world.

How does GATEWAY differ from traditional education?

GATEWAY is an opportunity for you to gain tools, and the ability to use those tools, to transform all the events and situations of life into a process of constant learning, expansion, growth and development.

GATEWAY provides a committed environment for shared exploration, as well as a proven method of intervention into patterns of thinking and behaviours that are otherwise unseen. The combination of personal inquiry, committed relationships, and expert coaching offers a unique opportunity for effecting change that is unavailable from books, lectures, solitary reflection, or simple discussion with friends.

In GATEWAY, you are invited to participate fully in exercises that have been designed to allow you to see how the choices you make affect your life. You will participate with others in structured series of exercises, conversations, and games that are metaphors for life. You'll come face-to-face with many of your unexamined practices and assumptions about life that invisibly shape your beliefs, attitudes, behaviours, and relationships.

Passion, self-confidence, creativity, commitment, energy, happiness, fulfilment, and satisfying relationships are central concerns of adult life. Yet, none of these are fully available to us strictly on an intellectual level. They must also be experienced. That is why GATEWAY has developed a curriculum based on experiential or participatory learning.



Why should I take the GATEWAY Programme?

At one time or another, each of us has a sense that life offers something more than the options currently before us. Often, we expect to make changes without noticing that our efforts take place within the same framework or thinking that had us in the situation that we'd like to get out of, in the first place.

At such times, many people find it helpful to find a way to make a fundamental shift; discover new ways of thinking, seeing, and BEING in the situations and challenges of our lives.

The following are reasons you may choose to participate in GATEWAY:

- to be coached in what you cannot see.
- to get in touch with what really matters to you
- to get a fresh perspective on your more basic concerns
- to rekindle a spark of vitality and enjoyment of life
- to make a contribution that you have yet to make
- to boost your performance
- to create a future that is different from the way it seems likely to be and is calling you now

Whatever your reason to enrol, GATEWAY provides a stimulating and nurturing environment in which to discover the path to a life that you treasure and love. Then it offers you the tools to navigate that path successfully.

You will have the opportunity to figure out exactly where you are, where you want to be and how you are going to get there.

If you find that you have a vision of your life moving forward in a different direction that it is headed now: if you are happy with the direction it is heading but want it to move faster, or, if you simply wonder if there might be more life available in you...GATEWAY is for you.

If there is room for more passion, self-confidence, creativity, commitment, energy, purpose, happiness, fulfilment, and satisfying relationships in your life, why wait to have it? REGISTER NOW. . .!

How should I prepare for GATEWAY?

Upon registration you will receive a questionnaire. The questionnaire has basic questions around why you are attending and what you would like to achieve. A few minutes of introspection and reflection are all that is required prepare a framework for your participation within GATEWAY. You should come to the workshop well rested and ready to engage wholeheartedly. Meals are not provided and so you may want to bring a snack and drink along with you to keep your mind awake and sharp.

How do I know GATEWAY is for me?

GATEWAY is for any healthy and capable adult who is committed to moving beyond the status quo; who is willing to design and realise a future, which would not have otherwise occurred.

GATEWAY provides an unique opportunity to explore the questions that have been of interest and concern to human beings throughout time and to examine many aspects of your own life. This enquiry will uncover a richer, deeper, more satisfying day-to-day life experience within your existing circumstances and future goals.

How do I register for the workshop?

A R1500 registration fee along with a completed registration form ensures your seat on the very next GATEWAY!

Email us NOW on gateway@lifedynamics.co.za

